

Professional Disclosure Statement

Sharon H. Hahn, MS, LPC (#11340)

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Education

I received my Master of Science degree in Psychology from the Institute for Psychological Sciences in May of 2011. I received my North Carolina license for Professional Counselor (#11340) in June 2018.

Experience

Prior to receiving my LPC license, I was a teacher of adolescents and children for 18 years. I have worked at the House of Hope of North Carolina (HOH), first as an intern, and then as a provisionally licensed counselor until December 2015. At HOH, I worked with adolescent girls and their families conducting individual, family, and marriage sessions depending on the needs of the girls and their families. I also worked 4 ½ years at The Trilogy School as a teacher of children and adolescents who struggle with various learning disabilities, ADHD, anxiety, depression, and some who were on the autism spectrum. I also served 1 ½ years as the guidance counselor working with students, teachers, and administration to address students' social, behavioral, and emotional needs. I have been in private practice since May 2015.

Populations Served and Techniques Used

I provide a range of counseling services for children (ages 5+), adolescents, adults, and families. I can assist those who suffer from anxiety, depression, high-functioning autism, trauma, grief, social interaction, communication issues, emotional dysregulation, and low self-esteem. I draw on a variety of techniques including cognitive, behavioral, trauma, and child play therapy. I have special training in Child Centered Play, Theraplay, Floortime Play, and EMDR.

Session Fees and Length of Service

- Individual sessions are typically 50 minutes in length once a week. The frequency and duration of counseling varies from client to client depending on the issues presented. My fee for a 50-minute session is \$95. The initial intake session for adults is \$150. The initial intake for children/adolescents is \$225 which includes two sessions. I accept cash, check, and most major credit cards. There is a service charge of 2.35% for all credit card transactions.
- Currently I am contracted with Blue Cross Blue Shield of North Carolina (BCBS). For clients who have insurance with Blue Cross Blue Shield, I am happy to file on their behalf.
- I am considered "out of network" with all other insurance companies. Clients using insurance other than BCBS are expected to pay the full fee of \$95 at each session. I will provide appropriate documentation at the end of each month so that each client, if he so chooses, can file with his insurance company for reimbursement.
- Clients who choose not to use insurance are expected to pay the \$95 fee at each session.
- A 24-hour cancellation is requested when a client is unable to attend his/her session. The full session rate will be charged for missed sessions not cancelled 24 hours in advance. For routine cancellations or to make an appointment, please email me at sharonhahnlpc@gmail.com.

Use of Diagnosis

Some health insurance companies will reimburse clients for counseling services and some will not. In addition, most will require a diagnosis of a mental-health condition and indicate that you must have an "illness" before they will agree to reimburse you. If a qualifying diagnosis is appropriate in your case, I will inform you of the diagnosis before we submit the diagnosis to the health insurance company. Any diagnosis made will become part of your permanent insurance records.

Confidentiality

You, as the client, have the right to confidentiality in our counseling session. All our communication becomes part of the clinical record, which is accessible to you upon request. I will keep confidential anything you say as part of our counseling relationship, with the following exceptions:

- You direct me in writing to disclose information to someone else
- It is determined that you are a danger to yourself or others, including child or elder abuse
- I am ordered by a court to disclose information

Electronic Communication: Email & Texting

Email: Though most clients and practitioners use email as a means of communication, clients are reminded that use of email cannot guarantee 100% confidentiality.

Texting: I, on rare occasions, will text a client should I need to cancel a session due to a personal emergency or illness. Otherwise, I do not text. Texting also is not 100% confidential.

Emergencies

My private practice is not set up with the resources to handle mental health crises 24/7. If there is a personal or family mental health emergency, please call Holly Hill Respond at 919-250-7000 or go to your nearest emergency room. For scheduling requests, you may email me at sharonhahnipc@gmail.com. For any other needs, please either call me directly and leave a message on my office voicemail or wait until your session. In order to maintain confidentiality, I do not usually answer emails that contain personal information about a client’s situation.

Complaints

Although clients are encouraged to discuss any concerns with me, you may file a complaint against me with the organization below should you feel I am in violation of any of these codes of ethics. I abide by the ACA Code of Ethics (<http://www.counseling.org/Resources/aca-code-of-ethics.pdf>).

North Carolina Board of Licensed Professional Counselors
 P.O. Box 77819
 Greensboro, NC 27417
 Phone: 844.622.3572 or 336.217.6007
 Fax: 336.217.9450
 E-mail: complaints@ncblpc.org

Acceptance of Terms

For parents/guardians of minors receiving services:

I, _____, consent for my child, _____, to receive counseling services from Sharon H. Hahn, LPC. I agree to the terms outlined in this Professional Disclosure Statement and will abide by these terms.

Parent/Guardian Signature _____ Date: _____

Counselor Signature: _____ Date: _____

For Adult clients:

I, _____, consent to receive counseling services from Sharon H. Hahn, LPC. I agree to the terms outlined in this Professional Disclosure Statement and will abide by these terms.

Client Signature: _____ Date _____

Counselor Signature: _____ Date _____